



## Vision Therapy Questionnaire:

Please check any items that apply.

### **Eye Teaming**

- Squints, closes, or covers one eye while reading
- Eyes cross or turn (even a little bit)
- Complains of double vision
- Complains of words or letters moving on the page (jumping, swimming, floating)
- Poor reading comprehension
- Omits letters, numbers, or phrases
- Tilts head while working at workspace

### **Eye Movement**

- Head moves while reading
- Loses place frequently while reading
- Needs finger or marker to keep place while reading
- Short attention span while reading or copying
- Rereads or skips letters, words, lines, or phrases
- Repeatedly omits small words

### **Focusing**

- Complains of blurred vision (at any distance)
- Complains of fluctuating vision
- Rubs eyes and/or eyes water when reading
- Blinking, grimacing, squinting, or poor posture with near tasks
- Blinks excessively or to clear vision after near work
- Avoids near work

### **Perception/Processing**

- Spelling problems
- Difficulty remembering what is read
- Reversal of words, letters, or numbers
- Repeatedly confuses words with similar beginning and endings
- Trouble orienting from left to right
- Can respond orally but not in writing
- Seems to know material but does poorly on written tests (for students)
- Has trouble learning the alphabet, recognizing words, learning basic math
- Fails to recognize the same word in the next sentence
- Makes errors copying from the board or from book to notebook/paper

### **Hand-Eye Coordination**

- Poorly spaced words/can't stay on ruled lines on a page
- Uses hand as a "spacer" to control spacing and alignment on page
- Dislikes fine motor activities (writing, painting, colouring, etc.)
- Holds writing, painting, eating tools in an awkward way
- Difficulty with hand-eye coordination tasks (zippers, buttons, building toys, etc.)



### **Visual Spatial**

- Poor athletic performance
- Difficulty with rhythmic activities
- Lack of coordination and balance, clumsy, falls, bumps into things often
- Poor posture, leans against objects for support, works with head on desk

### **Secondary Symptoms**

- Fatigue (eyes or in general), frustration, stress
- Complains of eyestrain
- Complains of headaches
- Smart in everything but academics
- Low self-esteem, poor self-image
- Short attention span
- Day dreaming
- Inattentive
- Auditory issues (unaware or say 'huh, what', trouble carrying out verbal instructions to direct visual action (ex. read the second line)